

MENU

DAY	MEALTIME	DESCRIPTION
MONDAY	Morning Tea	Muffins Whole Fruit – apples, mandarins, bananas (seasonal)
	Lunch	Loaded Baked Potatoes with sour cream & cheese
	Afternoon Tea	Cookies (Anzac or Choc chip) Watermelon slices
	Dinner	Beef Lasagne Garlic Bread Garden Salad
	Dessert	Brownie and custard
TUESDAY	Breakfast	Continental – cereals, toast w. jam, vegemite & honey, juice
	Morning Tea	Chocolate mud cake Whole Fruit – applies, mandarins, bananas (seasonal)
	Lunch	Chicken pasta bake Garden salad
	Afternoon Tea	Banana bread Watermelon slices
	Dinner	Marinated Chicken Fried rice Broccoli
	Dessert	Apple crumble & ice cream
WEDNESDAY	Breakfast	Cooked Breakfast – bacon, scrambled eggs, hash browns
	Morning Tea	Muffins Whole Fruit – apples, mandarins, bananas (seasonal)
	Lunch	Burgers – beef patties, lettuce, cheese, tomato, BBQ sauce
	Afternoon Tea	Banana bread Watermelon Slices
	Dinner	Beef Lasagne Garlic Bread Garden Salad
	Dessert	Brownie & custard
THURSDAY	Breakfast	Pancakes & maple syrup Continental
	Morning Tea	Chocolate Mud cake Whole Fruit – apples, mandarins, bananas (seasonal)
	Lunch	Chicken pasta bake Garden salad
	Afternoon Tea	Banana bread Watermelon Slices
	Dinner	Marinated Chicken Fried rice Broccoli
	Dessert	Apple crumble & ice cream
FRIDAY	Breakfast	Continental – cereals, toast w. jam, vegemite & honey, juice
	Morning Tea	Cookies (Anzac or choc chip) Whole Fruit – apples, mandarins, bananas (seasonal)
	Lunch	Sausage sizzle
	Afternoon Tea	Muffins Watermelon Slice